

# Growing Well Together

Sharing best practice of collaboration between community gardens,  
the NHS and other health care providers

3<sup>rd</sup> March, 2016

ngHomes, Saracen House, Glasgow

Time	Programme
10:00	Registration. Tea and Coffee available.
10:15	Welcome. <i>Andrew Robertson, Carers Champion for Glasgow.</i> <ul style="list-style-type: none"> <li>- How is greenspace good for your health? <i>Anna Baxendale, Health Improvement NHS GGC.</i></li> <li>- A reflection of developing a hospital garden. <i>Dr Oliva Chapple, Horatio's Garden and James Alexander Sinclair, Garden Designer.</i></li> </ul>
11:00	Workshop Session 1 ( <i>please sign up to workshops at reception on arrival</i> ) <ul style="list-style-type: none"> <li>- Designing healthcare landscapes and community growing &amp; Garden Tour. <i>Rolf Roscher Landscape Architect for ERZ.</i></li> <li>- Integration of Greenspace into healthcare settings. <i>Kevin Lafferty, Forestry Commission.</i></li> <li>- Structured Horticultural Therapy. <i>Jenny Simpson, Trellis, and Fiona Sinclair, Growing Spaces at Gartnavel Royal Hospital.</i></li> </ul>
12:00	Lunch <i>provided by the Grub Hub</i>
12:45	Workshop Session 2 <ul style="list-style-type: none"> <li>- Growing spaces in a healthcare context: community engagement and working with health centres &amp; Garden Tour. <i>Kate Shaw, Concrete Garden.</i></li> <li>- Financial Sustainability, tendering and charging for your service. <i>Karen Davidson, Growing Together, and Les Rice, Urban Roots.</i></li> <li>- Self-Directed Support <i>Diversity Matters</i></li> </ul>
13:45	Break
14:00	A healthy nation and the future of community gardens. <i>Marco Biagi, Minister for Local Government and Community Empowerment</i>
14:40	Workshop Session 3 <ul style="list-style-type: none"> <li>- How working with community groups can support the NHS achieve its statutory obligations and support delivery. <i>Caitlin Hamlett, NHS Health Facilities.</i></li> <li>- Experiences and benefits of green / social prescribing and community. orientated primary care. <i>Allison Murray, NHS Health Improvement and Emma Iller, Urban Roots.</i></li> <li>- Evidencing health and well-being benefits of community gardens. <i>Dr John Crossan, Glasgow University, Di Blackmore, Stirling University, Fiona Walls, University of the Highlands and Islands, Gregor Yates, Centre for Population Health.</i></li> </ul>
15:45	Evaluation and concluding remarks. <i>Andrew Robertson</i>
16:00	End